

Post Specification

Post Specification - Key Information

- **Post Title:** Lifeguard
- **Date:** August 2025
- **Post Group Number:** 8748
- **Job Family:** Customer Engagement
- **Job Family Role Profile:** CE2
- **Final Grade:** 4

To be read in conjunction with the job family role profile.

Service Area Description

Experience Healing Through Water: Supervised Hydrotherapy for All

We offer professionally supervised hydrotherapy sessions tailored for both swimmers and non-swimmers in a **private, supportive, and non-competitive environment**.

What We Provide:

- **Affordable therapy sessions** designed to be accessible to everyone.
- A **warm pool**, heated **10°C above standard temperatures**, for enhanced comfort and relaxation.
- **Specialised group sessions** that cater to diverse needs and abilities.
- **Confidence-building and emotional support** to help you feel safe and empowered.
- A welcoming space that encourages **social interaction and community connection**.

Purpose of this Post

Lifeguard Services & Facility Support

Our goal is to **deliver efficient and effective lifeguard services** alongside other essential operational functions to ensure the **smooth, safe, and professional running of the facility**.

Key responsibilities include:

- Maintaining a vigilant and proactive presence to ensure the safety of all pool users.
- Supporting the setup and smooth delivery of hydrotherapy sessions and other aquatic programs.
- Assisting with general facility upkeep and customer service to enhance the overall experience.
- Responding swiftly and appropriately to emergencies or incidents.

We are committed to creating a **safe, welcoming, and well-managed environment** for all visitors.

Key Job Specific Accountabilities

As a lifeguard, you will play a vital role in ensuring the safety, efficiency, and smooth operation of our hydrotherapy pool facility. Your responsibilities include:

1. **Provide vigilant lifeguard supervision** to ensure the safety of all pool users.
2. **Support the Pool Manager** in coordinating and delivering pool activities effectively.
3. **Foster a supportive and confident atmosphere**, reassuring users of the safety and professionalism of the environment.
4. **Assist with administrative duties** to maintain seamless pool operations, including scheduling, reporting, and record-keeping.
5. **Contribute to Health & Safety compliance**, adhering to Westmorland & Furness Council's standards and the specific safety protocols of the pool.
6. **Maintain high standards of cleanliness** through participation in a recognised cleaning programme.
7. **Undertake additional duties** as required, consistent with the role's level and nature.

Key Facts and Figures of the Post

- **Budget Responsibilities:** None
- **Staff Management Responsibilities:** None
- **Other:** Mixed working pattern to include midweek & weekends, daytime and evening including lone working.

Essential Criteria

- **Qualifications:** NPLQ (National Pool Lifeguard Qualification) awarded by RLSS UK (Royal Life Saving Society)
- **Knowledge:** Water safety and pool supervision, rescue techniques, First Aid & CPR, understanding of Health & Safety regulations, Pool Operations including Pool Plant Room.
- **Experience:**
 - Previous experience in the role
 - Experience in customer services
- **Expertise:**
 - Technical – NPLQ
 - Health & Safety compliance

Disclosure and Barring Service (DBS) Checks

- The level of check required is *(remove others not required)*:
 - DBS Enhanced - Children

Job Working Circumstances

- **Emotional Demands:** Normal but with regular contact with pool clients who have severe physical and emotional wellbeing disabilities.
- **Physical Demands:**
 - **Occasional lifting and carrying** of everyday equipment and resources is required before and during the delivery of pool-related events and activities.
 - Staff must be able to handle these tasks safely and in accordance with **manual handling guidelines** to prevent injury and ensure smooth event setup and operation.
- **Working Conditions:** Working in hot and humid conditions is an everyday part of the role.
- **Other Factors:** None